| Patient Acct#: |  |
|----------------|--|
|----------------|--|

Date:



## PHYSICAL THERAPY INITIAL EVALUATION FORM

## **PATIENT INFORMATION**

| Name:                        |                             |          |             |   |          |             | Occ                 | cupatio                          | n:     |  |
|------------------------------|-----------------------------|----------|-------------|---|----------|-------------|---------------------|----------------------------------|--------|--|
|                              | (Last)                      |          |             | (Fii  |          |             |                     |                                  |        |  |
| Birthdate:                   |                             |          |             | Ag  | e:       | He          | ight:               | W                                | eight: | _lbs   |
| Home/Cell                    | Phone:                      |          |             |   |          | Emp         | oloyer:             |                                  |        |  |
| Currently E                  | Employed?                   | C        | YES         | 0 1   | 10 C     | ) MODI      | FIED                |                                  |        |  |
|                              | ORMATION<br>omplaint/A      |          | /Injury:    |   |          |             |                     |                                  |        |  |
| 2. Date o                    | f Injury:                   |          |             |   |          | Da          | te of Sur           | gery:                            |        |  |
| 3. Briefly                   | describe ho                 | ow you   | were inju   | ured:   |          |             |                     |                                  |        |  |
|                              |                             | d thera  | oy for this | s condit  |          |             |                     |                                  |        |  |
| 5. Has yo                    | ur conditio                 | n been   | getting:    |   | ) Wor    | se (        | ⊃ Same              | <u>.</u>                         | Better |  |
| 6. Are yo                    | ur sympton                  | ns:      | O Con       | stant   | OR       | O Inte      | ermittent           | t                                |        |  |
| 7. Mark t                    | he number                   | that be  | est corres  | ponds t   | o your   | pain:       |                     |                                  |        |  |
| At Best:                     | 1                           | 2        | 3           | 4   | 5        | 6           | 7                   | 8                                | 9      | 10 (Excruciating Pain)   |
| At Worst:                    | 1                           | 2        | 3           | 4   | 5        | 6           | 7                   | 8                                | 9      | 10 (Excruciating Pain)   |
| 8. What o                    | decreases/N                 | ∕lakes y | our cond    | lition be                                       | tter? (N | Mark all t  | hat appl            | y)                               |        |  |
| Bendin Sitting Rising Changi | g<br>ng Position            | S        | ∐ Star      | naing<br>Iking                                  |          |             | Rest Heat Ice Medic | cation                           |        | ☐ Better in AM ☐ Better as day progresses ☐ Better in PM ☐ N/A cast just removed |
| 9. What i                    | ncreases/m                  | akes y   | our condi   | tion wo   | rse? (M  | lark all th | nat apply           | )                                |        |  |
|                              | ged Position<br>as day prog |          |             | Movem<br>Standir<br>Walking<br>Lying<br>N/A cas | g        | emoved      |                     | Rest<br>Stairs<br>Cough<br>Worse | in AM  | Sneeze Deep Breath Medication Worse in PM  |
| 10. Previo                   | us medical i                | interve  | ntion (Ma   | ark all th                                      | nat appl | y)          |                     |                                  |        |  |
| X-ray/I                      | MRI [                       | CATS     | CAN         | ☐ Inj   | ections  | ;           | Oth                 | ier                              |        |  |

| 11. What are your goals to be achie  | eved by the end of therapy?   |  |               |
|--|---|--|---------------|
|  | Y DIAGRAMS USING APPROPRIATE SYNtion and mark the diagram with a pen.   |  | s form on the |
|  | 8   | SEVERE PAIN  | *****         |
| NET .  | (A) IT  | MODERATE PAIN  | 00000000      |
| ( Simon  | K A A   | DULL ACHE  | nnnnnn        |
| 15-21-1  | 41 1251   | RADIATING PAIN   | 1111111       |
|  |   | NUMBNESS/TINGLING  | XXXXXX        |
| лерісац information (Mark all  | that apply)**This information is confid   | dential and remains part of your   | chart.        |
| Difficulty Swallowing Arthritis High Blood Pressure Heart Trouble Pacemaker Epilepsy/Seizures History of Drug Abuse Myofascial Pain Cancer | <ul> <li>Motion Sickness</li> <li>Fever/Chills/Sweats</li> <li>Unexplained Weight Loss</li> <li>Blood Clots</li> <li>Shortness of Breath</li> <li>History of Smoking</li> <li>Diabetes</li> <li>Fibromyalgia</li> </ul> | Stroke Osteoporosis Anemia Bleeding Problems HIV/Hepatitis History of Alcohol Abuse Depression/Anxiety Pregnancy |               |
| Previous Surgeries:  |   |  |               |
| Other:   |   |  |               |
| Medications:   |   |  |               |
|  |   |  |               |
|  |   |  |               |
| Allergies:   |   |  |               |

Patient Acct#:\_\_\_\_\_